



**Association
of Anaesthetists**

Online Seminar: Medical hypnosis

Monday 19 October 2020

09:00 - 12:30 (log in available from 08:45)

Organiser: Dr Jane Boissiere, British Society of Clinical and Academic Hypnosis (BSCAH)

Session 1 *Chair: Dr Paul Slater, Northampton*

08:45 **Log in available**

09:00 **Welcome and introduction**
Dr Paul Slater, Northampton and Dr Jane Boissiere, British Society of Clinical and Academic Hypnosis (BSCAH)

09:10 **Hypnosis and communication for the anaesthetist**
Dr Simon Tunstill, Reading

09:35 **How to induce a simple hypnotic trance and generate imagery**
Mrs Jean Rogerson, Associate Lecturer (BSCAH), Birmingham City University

10:10 **Hypnosis for pain management**
Dr Caron Moores, Liverpool

10:35 **Q& A panel discussion**

10:50 **Comfort break**

Session 2 *Chair: Dr Simon Tunstill, Reading*

11:00 **Hypnosis in paediatrics and obstetrics**
Dr Allan Cyna, Adelaide, Australia

11:25 **Hypnosis in anaesthesia - practical applications and current evidence**
Dr Paul Slater, Northampton

11:50 **Needle phobia**
Dr Allan Cyna, Adelaide, Australia

12:15 **Q&A panel discussion**

12:30 **Close**